

## **Instructions FOR Authors**

Contributors are strongly encouraged to read the instructions carefully before preparing the manuscript for submission and to check the manuscript for compliance with the terms before submitting it for publication. It is essential for the authors to prepare the manuscripts according to the established specifications.

“Food and Nutrition” is the Journal of the Serbian Nutrition Society founded in 1956. Articles supplied by the members of the Serbian Nutrition Society are published, as well as articles by members of other associations in the field of Public Health Nutrition (PHN) and related fields. The Journal publishes original articles, communications, case reports, review articles, congress and scientific meeting reports, professional news, book reviews, obituaries, as well as comments and letters to the Editorial Board in relation to the published papers.

The manuscript should be accompanied by signed confirmation of all contributors that the paper has not been previously published and not submitted for publication elsewhere.

The papers are forwarded to the expert evaluation and an anonymous copy of the evaluation containing suggested changes is mailed to the authors for their final consent.

The authors are not rewarded and the manuscripts are not returned.

The manuscript should be submitted to the Editor-in-Chief at the e-mail: koracb@ibiss.bg.ac.rs..

### **General demands on manuscripts**

Manuscripts should be written in clear concise Serbian or English language, using MS WinWord program in short and clear sentences. Manuscripts should be on A4 format, all margins 2.5 cm, pages numbered. Recommended font is Times New Roman 12. Papers should be typed 1.5 spaced. The author(s) should indicate in the text where figures and tables fit in. All references should be numbered in sequence as they appear in the text and indicated with Arabic numbers in parentheses – example [1,2].

Abbreviations should be avoided, only to be used if appropriate, for very long names of chemical compounds, or as well-known abbreviations (such as DNA).

Units of measure: Length, height, weight and volume should be expressed in metric units (meter – m, kilogram – kg, and liter -l) or their sub-units. Temperature should be given in Celsius degrees (°C). Concentrations are given in moles, proprietary names of instruments with factory name and place of manufacture in parenthesis.

All results of clinical and biochemical measurements should be expressed in the metric system according to the International System of Units – SI.

### **Authorship**

All individuals listed as authors should be qualified for authorship. Every author should have participated sufficiently in writing the article in order to take responsibility for the whole article and results presented in the text. Authorship is based only on crucial contribution to the article conception, obtaining of results or analysis and interpretation of results, and final revision of the manuscript being prepared for publication. The authors should submit a signed document confirming that the manuscript is an original work that fulfills all ethical standards as well as that the journal holds all manuscript-related copyrights.

### **Structure of the manuscripts**

The manuscript has to be arranged as follows: The title, Authors, Institutions, Abstract, Introduction, Experimental part, Results, Discussion, Acknowledgements, and References. Review articles include Introduction, corresponding section heading, Conclusions and References. The review article may be published only by authors who may cite at least four auto-citations (references in which they are either authors or co-authors).

*Title page.* The title should be short, clear and without abbreviations, typed on the separate sheet. Names and family names of authors should be written under the title, as well as full names of their institutions indicated by corresponding Arabic numbers if there is more than

one institution. The address of corresponding author, with the telephone, fax number and e-mail address should be added at the bottom of this page.

*Abstract.* Original articles, communications, case reports, review articles and book reviews; the abstract not exceeding 200–300 words should be typed on a separate sheet of paper. (Srp. Arh) The abstract should not contain any references.

*Key words.* Key words – four to eight, relevant for rapid identification should be typed below the abstract in English. In original articles the abstract should have the following structure: introduction, objective, method, results and conclusion. In case reports the abstract should consist of the following: introduction, case outline and conclusion.

*Introduction* should be clear, concise, pointing to the essence of the problem and with the purpose of the study. References related to the problem should be cited.

*The Experimental part* should include description of materials (subjects) and methods used. If methods are widely known and described in the literature, only reference(s) should be cited. New or modified methodologies should be fully described. Methods used for parameters calculation and statistical analyses should be indicated. All abbreviations have to be explained in the manuscript when used for the first time.

*Results* should be clear and precise, with corresponding statistical analysis.

*Discussion* encompasses interpretation of the results and their comparison to the references data. The last two parts can be given together as Results and Discussion. At the end of this part *conclusions* obtained from the research should be reported.

All section headings should be in capital letters using bold lettering.

*Original articles* shall have the following section headings: Introduction, Objective, Method, Results, Discussion, Conclusion and References.

*Case reports* should consist of introduction, case outline, discussion, references.

### **Length of the manuscripts**

The entire text of the manuscript: title page, abstract, the whole text, list of references and captions to figures and tables should have maximum 5 000 words for original articles, 2 000 words for communications and review articles, 1 500 words for case reports and up to 1000 words in the section ‘‘other’’.

The total number of figures and tables should not exceed the half of the number of typed pages of the manuscript.

### **Tables, figures (graphs, charts, photographs, and illustrations)**

Tables are typed on a separate sheet of paper 1,5 spaced, including title, subtitle, headings of lines and columns. They must be identified by Arabic number in order or appearance with a short description of the title, abbreviation should be explained. Photographs should be explained. Photographs should be black and white and good sharpness. First author’s name, title of the manuscript, number of the illustration and arrow indicating the top of the figure are given on the back with lead pencil. The legends are given on separate sheet.

Drawings (schematic drawing and graphs) are supplied on separate sheets with lead precise identification of abscissa and ordinate.

**Acknowledgements** (sources of funding, conflict of interest declaration, and authorship responsibilities): this should be included at the end of the text.

### **References**

References should be supplied on a separate sheet, single spaced, with double space between each reference, Arabic numbers indicating the sequence of appearance. The number of references should not exceed 30, except in literature reviews with maximum 50 is acceptable. References are cited according to the so-called Vancouver style, based on formats being used by the National Library of Medicine and Index Medicus (Srp Arh Celok Lek). In citation of references the defined standards should be strictly followed because it is the essential factor of indexing and classification of scientific journals.

The following rules should be applied:

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1. Josselson J, Kyser BA, Weir MR, Sadler JH. Hepatitis B surface antigenemia in a chronic hemodialysis program: lack of influence on morbidity and mortality. *Am J Kidney Dis* 1987; 9(6):456–61.

(The number of the volume is given in parentheses, the preceding number indicating the issue). Only up to six names of the authors are quoted, if more than six “et al “ is added.

*Books and contributions to books:*

2. Weinstein L, Swartz MN. Pathologic properties of invading microorganisms. Philadelphia: Saunders, 1974; 457–72.

*Book chapter:*

3. Clayton D, Gill C. Covariate measurement errors in nutritional epidemiology: effects and remedies. In: Margetts BM, Nelson M, eds. *Design Concepts in Nutritional Epidemiology*. Oxford: Oxford University Press, second edition 1997: 87–106.

*Congress articles:*

4. Marković P, Živković L. Uticaj zračenja na pojavu recidiva. Zbornik radova “II kongres lekara”, Vrnjačka Banja 1975; 315–6.

*Other:*

5. Medical Assessment of Nutritional Status. WHO. Tech. Rep. Ser. 1993:298.

*Legislation:*

6. Pravilnik o normativu društvene ishrane dece u ustanovama za decu. Službeni glasnik RS, Beograd 1994; 50: 1643–9.

*Standard citation of links:*

7. Complementary/Integrative Medicine [Internet]. Houston: University of Texas, M. D. Anderson Cancer Center; c2007 [cited 2007 Feb 21]. Available from: <http://www.mdanderson.org/departments/CIMER/>.

*Links with author(s):*

8. Hooper JF. Psychiatry & the Law: Forensic Psychiatric Resource Page [Internet]. Tuscaloosa (AL): University of Alabama, Department of Psychiatry and Neurology; 1999 Jan 1 [updated 2006 Jul 8; cited 2007 Feb 23]. Available from: <http://bama.ua.edu/~jhooper/>.